

## Personal Statement: Nursing

For me, nursing means the ability to work with others, to help others, and to be immersed in the world of medicine. Being a gregarious and people-focused person, it is a career choice that makes sense. I am sure that a nursing degree will bring me great focus, enjoyment and, ultimately, a fulfilling and meaningful career.

I see myself as practical and enjoy the physicality of all I do. That is why I have always enjoyed sports, at which I excelled throughout my school career. I achieved a very good grade in P.E., as well as the highest mark in my year for my presentation in drama. I love the competitiveness and physical challenges of sports, and the emotional and mental awareness that one must have when engaging in drama studies. I believe these together have honed my persistent personality and taught me to never give up. I have also learned to take the knocks that come with being in competition or on the stage, and to be able to take the good with the bad. This, especially, will stand me in good stead as a nurse.

I have done well academically, having attained an A in drama and a B in biology and P.E. Studies are something that I enjoy, and that I treat in the same way in which I play sports or partake in drama: with vigour and always to the best of my ability. I am sure that nursing will be very difficult at times, but I know that I have the mental and psychological fortitude to make it work and to succeed.

I have worked part time at a local care home, where my duties included the personal care of elderly residents, such as their bathing, dressing and feeding, as well as assisting them in their walks on the property or outings to town. I found this work to be tremendously rewarding, and enjoyed the interaction I had with the residents, as well as with their families when visiting. I was able to build an easy rapport with many of the residents, as well as other carers and employees at the home. What this invaluable experience taught me is that I empathise easily with people, especially those who depend on my care and attention.

My duties at this care home helped me to cope with difficult situations, including the serious illness or even death of certain residents, by using my resolve and common sense. I also believe it made me more sympathetic to the needs, health issues and fears of people. These are learning experiences that will stand me well in my future career as a nurse.

I know that I have the capacity and sense of independence to adapt well to academic studies and to university life, of which I want to be an active member. I look forward to all that university can offer me – intellectually and socially – and it is my sincere belief that I will be a welcome addition to your faculty of nursing, where my practical and robust attitude to work and learning should be of value to staff and fellow students alike.

Ideally I would like to work for the NHS once I graduate. I believe wholeheartedly in the public good that the NHS provides for this country, and wish to be a part of its ongoing legacy of public health. I would specifically like to work as a nurse in emergency care, as I relish physical and mental challenges and am used to working hard in order to achieve my goals.

In my career, I would like to come home each night knowing that, although the day may have been long and stressful, I have made a difference to people's lives in my small way. I want to feel that sense of accomplishment and pride, and the knowledge that I've performed a worthy job to the best of my ability and with great heart. My studies in nursing will allow me to set course on that ambition.

MYPERSONALSTATEMENT